

**HON'BLE GOVERNOR OF TAMIL NADU THIRU. R.N.RAVI,  
VISITED ISHA FOUNDATION AT COIMBATORE**

Hon'ble Governor of Tamil Nadu, Thiru. R.N. Ravi alongwith Lady Governor Tmt. Laxmi Ravi, visited Isha Foundation at Coimbatore today (19.10.2021). Sadhguru ji, Founder, Isha Foundation, received them and took around the Centre. Later they had good discussions about Yoga and its importance in contemporary human life.

Hon'ble Governor urged the people to embrace Yoga as a part of their daily life for a healthy and stress-free life especially during the extended pandemic situation.

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Raj Bhavan, Chennai – 22

Sd/-

Date :19.10.2021

Addl. Director (PR)